## <u>ABSTRACT</u>

To provide a disk playback apparatus and a playback method which, upon issuance of a request for sound-playback from an arbitrary position on a disk, can playback sound instantly without disposing complicated switching means, the present invention provides a disk playback apparatus having access means for accessing a disk, and access-control means for controlling the access means to an arbitrary position on the disk, including storage means divided into a first area for storing at least one set of audio data having a specific length for at least one track, and a second area for storing remaining audio data for the one track; write means which accesses the disk, thereby writing the audio data—having the specific length and whose start point is an arbitrary position on the one track—into the first area, and writing the remaining audio data into the second area during playback of the audio data having the specific length; and read means for reading the audio data having the specific length and the remaining audio data continuously.